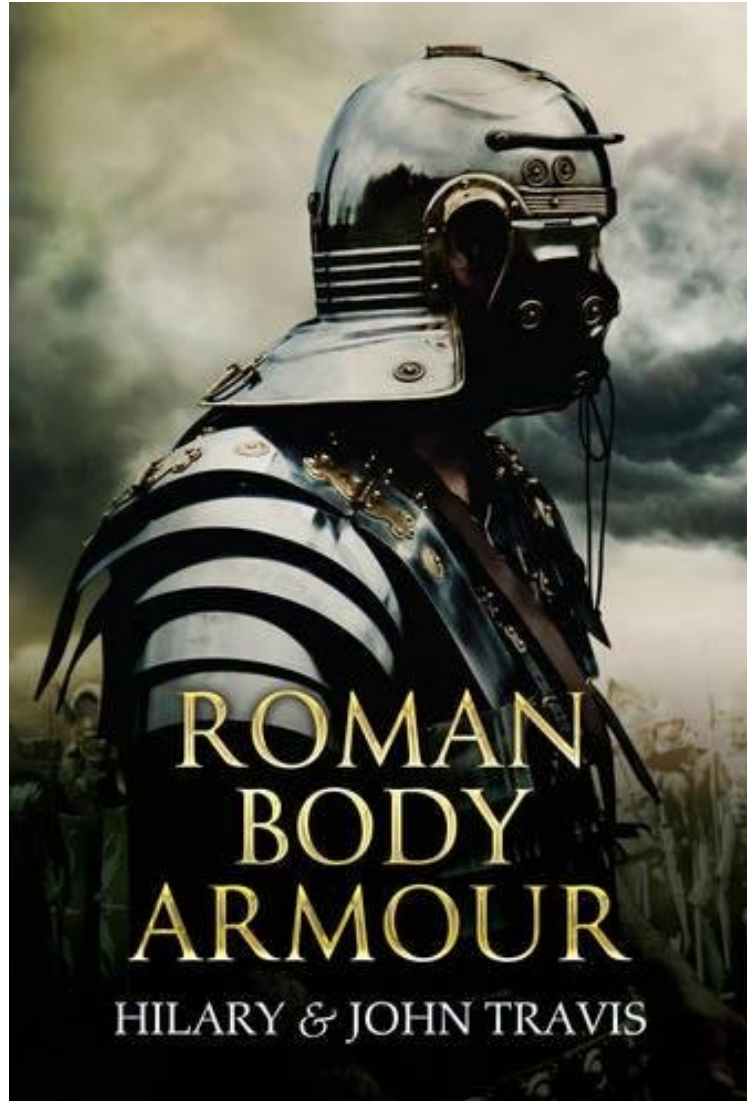


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Roman Body Armour

Hilary Travis

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Hilary Travis : Roman Body Armour before purchasing it in order to gage whether or not it would be worth my time, and all praised Roman Body Armour:

1 of 1 people found the following review helpful. Fantastic ResourceBy *bonnie_blu*Hilary and John Travis have written a fascinating and relatively thorough book about the development, construction, and use of Roman legionary armor. The book is definitely not for casual readers or those who do not have an intense interest in the ancient Roman army. The authors use ancient texts, sculptural evidence, archeological evidence, and contributions from re-enactors to build upon the work of previous historians. The result is a very detailed analysis of the construction, assembly, and use

of the main types of Roman body armor, "lorica hamata" (mail), "lorica squamata" (scale), "lorica segmentata" (segmented metal bands), and the muscle cuirass. In addition, they set about creating a set of "lorica segmentata" in order to test presumed ancient methods and to investigate alternates. Finally, they examine the evidence for various types of undergarments worn with the armor. I only wish that more detail was provided about the experiences of re-enactors, but I applaud Hilary and John Travis for using all available types of data to explore legionary armor. They are the first to do so. 0 of 0 people found the following review helpful. Five Stars By Customer Good Read 0 of 0 people found the following review helpful. Five Stars By Margie A VERY GOOD BOOK FOR THE ROMAN HISTORY ENTHUSIAST.

This book assesses current views of the body armour used by the Roman army and its development, melding these with the archaeological evidence available. It draws together the streams of published information of sculptural imagery and archaeological 'hard' evidence, while also looking at the component parts and how they are physically put together. This has involved a return to basics, in examining wherever possible the original material (as opposed to the published 2-D photographic images and line drawings) and attempting to reproduce the aspects of the artefacts observed through physical reconstruction. The reconstructions produced were then subjected to low-level, simulated wear, over several years, to view component inter-action, and simulated combat/ destructive testing using a range of weaponry, including archery equipment, to view which parts were more susceptible to damage, and what features may be anticipated archaeologically on artefacts as evidence of regular wear, combat damage and field repairs. Discrepancies were also noted between current reconstructions of Roman military equipment (by museums and re-enactors), which have been produced based on previous desk-based assessments, and the reality of the actual artefacts, particularly in the case of the segmented plate armour (lorica segmentata), which may cause us to re-think not only the appearance, but also the function/fighting methods of the Roman soldier.

“...great for history buffs and weapon aficionados.” (City Book) The authors are Roman historical re-enactors; one is also an archeological illustrator with a doctorate degree in Roman archaeology. In this book on the body armor of the Roman army of the Imperial Period, they combine scholarly rigor with the enthusiasm and craftsmanship of historical re-enactment, in an effort to appeal to both scholars and re-enactors (Protoview) About the Author Hilary Travis holds a Masters and Honours Degrees in Archaeology. In addition to over 20 years experience as an archaeologist, she also has over 20 years combat experience in Japanese martial arts, and over 10 years in reconstruction of Roman and medieval period artefacts. John Travis is an established author, his first book, *Coal in Roman Britain*, was based on his PhD thesis. He holds a Masters Degree and Doctorate in Roman Archaeology from the University of Liverpool. He is an archaeologist with over 30 years experience, and an Associate member of the Institute of Field Archaeologists (AIFA). Both Hilary and John are active re-enactors, as members of both the Chester Guard (Deva VV) Roman Society and the Thomas Stanley Retinue (Wars of the Roses Medieval group).